**OCR Cambridge Nationals in Sports Studies - Overview 2022-23**

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|  | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| **Year 10** | **Unit R186: Sport and the media (assignment)**  **Learning Aims**  In this unit you will learn to explore both sides of these media sources and apply real life examples to demonstrate the nature of the relationship between media and sport. You will develop your ability to evaluate and interpret the different ways sport is represented by the media.  **Key content areas:**  Topic Area 1: The different sources of media that cover sport  Topic Area 2: Positive effects of the media in sport  Topic Area 3: Negative effects of the media in sport  **Assessment:**  All Tasks • All students need to select a sports club/sporting activity from the options provided; however, it is possible that students may belong to the same club.  Task 1 • Students evidence should be in the form of a written report.  Task 2 • Students will need to be taught each point and discuss relevant sporting examples. This  could be a report that covers all aspects of the positive effects of the media in sport.    Task 3 • Students will need to be taught each point and discuss relevant sporting examples. This  could be a report that covers all aspects of the negative effects of the media in sport. | | **Unit R185: Performance and leadership in sports activities (practically assessed)**  **Learning Aims:**  In this unit you will learn how to develop your skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader you will have the opportunity to plan, lead and review safe and effective sporting activity sessions yourself.  **Key content areas:**  Topic Area 1: Key components of performance  Topic Area 2: Applying practice methods to support improvement in a sporting activity  Topic Area 3: Organising and planning a sports activity session  Topic Area 4: Leading a sports activity session  Topic Area 5: Reviewing your own performance in planning and leading a sports activity session  **Assessment:**  Selected activities may be any of the following (from approved activity list):  □ Two individual activities  □ Two team activities  □ One individual and one team activity.  **Tasks Assessment guidance**  Task 1 • Assesses students’ practical skills in two selected sports. This should be  students’ own work. Students will undertake a period of designated time practicing,  performing and improving their skills in both activities.  Task 2 • Assesses students’ review of their own skills performance, and their identified  method(s) for improvement in two skills for one selected sporting activity (activity).  They will apply these practically to a number of sessions and measure any improvement.  Task 3 • Assesses students’ planning and understanding of activity sessions. Students must  create a plan for the selected activity that includes organisation’s safety requirements, completing a risk assessment and objectives for the activity. We have provided a risk  assessment template for you to give to your students.  Task 4 • Assesses students’ leading of their planned activity session. Teachers must complete  an observation record for the activity. Students must show how they have followed their plan and shown flexibility in their approach. Students should demonstrate their leadership and communication skills and follow safe practices.  Task 5 • Assesses students’ evaluation of planned activity session. This should include  strengths and areas that need improving, adaptation to your plan, and discussion on how it could be improved on in the future. | | | |

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| **Year 11** | **Unit R184: Contemporary issues in sport (external exam)**  **Learning Aims:**  In this unit you will learn about a range of topical and contemporary issues in sport, relating to; participation levels and barriers, promotion of values and ethical behaviour, the role of high-profile sporting events, the role of national governing bodies and how technology is used within sport.  **Key content areas:**  Topic Area 1: Issues which affect participation in sport  Topic Area 2: The role of sport in promoting values  Topic Area 3: The implications of hosting a major sporting event for a city or country  Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport  Topic Area 5: The use of technology in sport  **Assessment:**  It has three Sections – Section A, Section B and Section C.  • Section A has 30 marks  • Section B has 28 marks  • Section C has 12 marks  • The exam has 70 marks in total  Section A  This will have 30 marks in total, made up of MCQ and a few short to medium response questions.  Section B and C  This will have context-based questions. Students will be presented with a short scenario and will apply their knowledge of sport concepts to produce relevant responses.  It will include short/medium answer questions, extended response analysis and evaluation questions.  \*all topic areas and its teaching content may be assessed either as knowledge, understanding or as applied practical examples across a range of sporting activities. | | | | |  |